Optical Methods for Tumor Treatment and Detection: Mechanisms and Techniques in Photodynamic Therapy XXI

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Introduction

SPIE has sponsored conferences relating to Photodynamic Therapy since 1987, with the current symposium representing the 21st in the series. Some of the prior meetings occurred before the current numbering system was in place. These conferences bring together a collection of people involved in everything from device design to clinical practice.

PDT was originally discovered when it was noted that microorganisms could be killed by the combination of certain dyes plus light. While the current applications relate mainly to therapy of cancer, applications for antimicrobial therapy are being developed. PDT has a major advantage over conventional approaches to cancer control. Adverse reactions are minimal and retreatment is readily feasible. Moreover, the resulting fluorescence of localized photosensitizers can aid in the identification of neoplastic loci. The major problem is that one must know where to aim the light, so that tumors in unknown locations are unaffected.

PDT applications appear to be more prevalent in Asia and Europe for reasons more related to the pharmaceutical industry than to feasibility. Properly used, this can be a useful tool for some indications. The SPIE conferences are designed to aid in the development of new approaches and the exchange of information relating to current progress.

> David H. Kessel Tayyaba Hasan