

Towards ideal focusing of diffused light via optical wavefront shaping

Huanhao Li,^{a,b} Zhipeng Yu,^{a,b} Tianting Zhong,^{a,b} Shengfu Cheng,^a and Puxiang Lai^{a,b,c,*}

^aHong Kong Polytechnic University, Department of Biomedical Engineering, Hong Kong, China

^bHong Kong Polytechnic University, Shenzhen Research Institute, Shenzhen, China

^cHong Kong Polytechnic University, Photonics Research Institute, Hong Kong, China

Multiple scattering can significantly scramble the amplitude and phase profile of an optical field. It obscures subtle observations but only speckle patterns can be seen, unlike the ballistic regime where the information or the optical field can be identified with limited distortions. Efficient optical manipulation including information transmission and precise focusing is therefore obstructed as light travels deep into turbid

media such as fog, turbid fluids, and biological tissues.¹ Overcoming such seemingly notorious phenomena has long been desired in many scenarios yet considered highly challenging until the emergence of wavefront shaping (WFS).^{2,3} The basic idea of this technology is to redirect the multiply scattered photons to the spatiotemporal coordinate(s) of interest such as optical focusing [Figs. 1(a) and 1(b)],

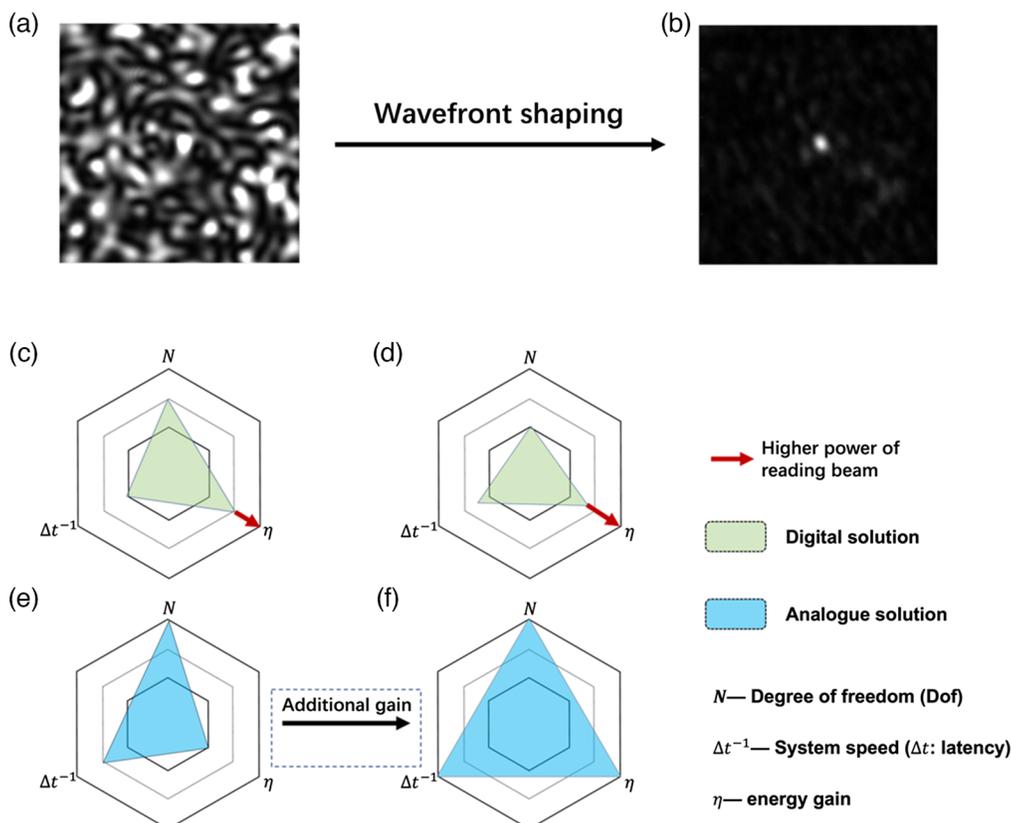


Fig. 1 (a), (b) An example of light intensity profiles before and after wavefront shaping. (c), (d) Performance metrics for an exemplified DOPC system⁴: (c) more DoF ($\sim 10^6$) accompanied with longer latency ($\Delta t \sim 5.4$ ms) and higher gain; (d) less DoF ($\sim 10^5$) accompanied with shorter latency ($\Delta t \sim 1$ ms) and lower gain. The energy gain (theoretically > 1) can be increased by scaling up the power of the reading beam (red arrow). (e), (f) Performance metrics for an exemplified AOPC system⁵: (e) DoF (can be up to $10^{10} - 10^{11}$) and latency ($\Delta t \sim$ tens of microseconds) with energy gain $< 10^{-3}$; (f) With additional gain enabled by the new setup, HGHS-WFS, energy gain and latency can be improved to 1.05 and $10 \mu\text{s}$, respectively.

*Address all correspondence to Puxiang Lai, puxiang.lai@polyu.edu.hk

© The Authors. Published by SPIE and CLP under a Creative Commons Attribution 4.0 International License. Distribution or reproduction of this work in whole or in part requires full attribution of the original publication, including its DOI. [DOI: [10.1117/1.AP.5.2.020502](https://doi.org/10.1117/1.AP.5.2.020502)]

by modulating or shaping the wavefront. Note that this commentary will particularly focus on the realizations based on optical phase conjugation (OPC) that essentially time-reverses the aforementioned scattering process via two stages: 1) the writing stage, in which a phase conjugated mirror (PCM) records the hologram interfered between a reference beam and the induced scattered light from a source and then both beams are turned off; 2) the reading stage, in which a third beam, namely reading beam, is modulated by the PCM, generating a wavefront conjugated copy of the original scattered light that traces back through the scattering medium and sequentially back to the origin of the source.

Depending on the characteristics of the PCM, there are two versions of OPC, digital and analogue OPC (i.e., DOPC and AOPC), whose key elements of PCM are a spatial light modulator (SLM) coupled with a conjugated camera and a photorefractive crystal (PRC), respectively. Nevertheless, intrinsic tradeoffs arise among the system speed, energy gain, and degree-of-freedom (DoF) control of the shaping unit [Figs. 1(c)–1(e)]. In DOPC, due to the functionality of the SLM, the increase of the DoF often leads to slower system speed, and vice versa. For example, in an identical DOPC system⁴ [Figs. 1(c) and 1(d)], more DoF ($\sim 10^6$) is usually associated with larger latency ($\Delta t \sim 5.4$ ms), and less DoF ($\sim 10^5$) with lower latency ($\Delta t \sim 1$ ms). Yet, such compromise has been tolerated, thanks to an easy realization for increasing the energy gain (the power ratio between the corrected wavefront and that of the detected scattered wavefront) by raising the power of the reading beam. Reflectivity on an order of 10^{-1} for SLM makes it possible to achieve an energy gain larger than unity by merely increasing the power of the to-be-modulated wavefront illuminating the SLM (below the damage threshold of the SLM) in the reading stage. The DOPC solution has therefore gained wide visibility in wavefront shaping.^{6–9} Comparably, in AOPC, the DoF and system speed are physically determined by the PRC but are weakly coupled: the DoF of PRC can reach 10^{10} – 10^{11} with holographic materials,¹⁰ which is four to five orders more than that of digital SLM; the response time can be refined by selecting proper material and enhancing the illumination intensity.⁵ Note that although the tradeoff between DoF and system speed can be avoided, the energy gain in AOPC is rather low, e.g., $< 10^{-3}$ [Fig. 1(e)],^{5,11} which is essentially limited by low nonlinear conjugation reflectivity of PRC ($\sim 10^{-3}$). This has considerably impeded wider advances of the approach.

Encouragingly, a very recent study by Cheng et al., from L.V. Wang's group at Caltech, termed high-gain and high-speed wavefront shaping (HGHS-WFS), returned AOPC to the community's attention.⁵ This study technically evades the intrinsic drawback of PRC (i.e., low reflectivity) while introducing the concept of stimulated emission light amplification into the AOPC. Gain modules are added between the scattering medium and the PRC, so that both the scattered light before going into the PRC (in the writing stage) and the modulated wavefront out from the PRC (in the reading stage) can be effectively amplified. By doing so, even though the PRC still suffers from low reflectivity, its incident and outgoing components can be extraordinarily scaled up. The energy gain consequently approaches unity, which is about one thousand times of the gain obtained in previously reported AOPCs.^{5,10–12} To further enhance the energy gain, the authors also demonstrated how to improve the reflectivity of the PRC, such as increasing the power of the reference and reading beams illuminating the PRC, applying external electric field across the PRC as well as the adoption of a four-wave mixing (FWM) mode. In particular, it is the first time for the FWM mode to be integrated in AOPC, in which the scattered and reference beams are continuously on throughout the period of writing and reading stages. Such intervention not only improves the OPC reflectivity but also accelerates the system speed to ~ 10 μ s with $\sim 10^6$ DoF. Such phenomenal features ensure its high-gain and high-speed

ability to overcome strong scattering and achieve effective optical focusing through thick and dynamic scattering media, such as a 4-mm thick chicken breast slice and a living mouse ear.

As demonstrated in this study, the most featured drawback, i.e., low energy gain, of AOPC system can be addressed with stimulated emission light amplification and multidimensionally improved reflectivity of the PRC. Equipped with the inherent fast response speed and large DoF of PRC, least tradeoff in controlling diffused light via wavefront shaping has been achieved [Fig. 1(f)]. Although further engineering is needed, the study removes one of the largest obstacles for optical wavefront shaping towards practical applications in biomedicine, such as optogenetics, microsurgery, and photodynamic therapy.

References

1. Z. Yu et al., "Wavefront shaping: a versatile tool to conquer multiple scattering in multidisciplinary fields," *Innovation* **3**, 100292 (2022).
2. I. M. Vellekoop and A. Mosk, "Focusing coherent light through opaque strongly scattering media," *Opt. Lett.* **32**(16), 2309–2311 (2007).
3. Z. Yaqoob et al., "Optical phase conjugation for turbidity suppression in biological samples," *Nat. Photon.* **2**(2), 110–115 (2008).
4. D. Wang et al., "Focusing through dynamic tissue with millisecond digital optical phase conjugation," *Optica* **2**(8), 728–735 (2015).
5. Z. Cheng et al., "High-gain and high-speed wavefront shaping through scattering media," *Nat. Photon.* **17**, 299–305 (2023).
6. Z. Cheng and L. V. Wang, "Focusing light into scattering media with ultrasound-induced field perturbation," *Light Sci. Appl.* **10**(1), 159 (2021).
7. J. Yang et al., "Fighting against fast speckle decorrelation for light focusing inside live tissue by photon frequency shifting," *ACS Photon.* **7**(3), 837–844 (2020).
8. H. Ruan et al., "Fluorescence imaging through dynamic scattering media with speckle-encoded ultrasound-modulated light correlation," *Nat. Photon.* **14**(8), 511–516 (2020).
9. H. Ruan et al., "Deep tissue optical focusing and optogenetic modulation with time-reversed ultrasonically encoded light," *Sci. Adv.* **3**(12), eaao5520 (2017).
10. P. Lai et al., "Focused fluorescence excitation with time-reversed ultrasonically encoded light and imaging in thick scattering media," *Laser Phys. Lett.* **10**(7), 075604 (2013).
11. Y. Liu et al., "Optical focusing deep inside dynamic scattering media with near-infrared time-reversed ultrasonically encoded (TRUE) light," *Nat. Commun.* **6**, 5904 (2015).
12. Y. Suzuki et al., "Energy enhancement in time-reversed ultrasonically encoded optical focusing using a photorefractive polymer," *J. Biomed. Opt.* **17**(8), 080507 (2012).

Huanhao Li is currently a postdoctoral fellow in the Department of Biomedical Engineering of Hong Kong Polytechnic University (PolyU). He received his BS degree from the University of Shanghai for Science and Technology in 2014, and his MSc and PhD degrees from PolyU in 2016 and 2021, respectively. His research interests include wavefront shaping, speckle imaging, and deep learning. He has published more than 10 papers in such journals as *Advanced Science*, *The Innovation*, *Light: Science & Applications*, and *Photonics Research*.

Zhipeng Yu is currently a postdoctoral fellow at Hong Kong Polytechnic University, Department of Biomedical Engineering. He received his PhD from Hong Kong Polytechnic University, and master's and bachelor's degrees from Jinan University and Huazhong University of Science and Technology, respectively. He has published more than 10 papers as (co-) first or (co-) corresponding author in premium journals of optics such as *Advanced Science*, *The Innovation*, *Light: Science & Applications*, and *Photonics Research*.

Tianting Zhong is currently a postdoctoral fellow in the Department of Biomedical Engineering of Hong Kong Polytechnic University (PolyU). He received his bachelor's degree from Nanjing Agricultural University, and later received his PhD from PolyU. His research interests primarily focus on deep-tissue optical focusing, as well as the use of multimode fiber for endoscopy purposes related to imaging, stimulation, treatment, etc.

Shengfu Cheng is currently a PhD student in the Department of Biomedical Engineering at Hong Kong Polytechnic University (PolyU). He received his bachelor's degree from Sichuan University. His research interests include computational optical imaging, multimode fiber-based endoscopy, and deep learning etc.

Puxiang Lai is currently an associate professor in the Department of Biomedical Engineering at Hong Kong Polytechnic University. He received his bachelor's degree from Tsinghua University in 2002, his master's degree from Chinese Academy of Sciences in 2005, and his PhD from Boston University in 2011. His research interests in deep-tissue optical focusing and imaging include projects such as wavefront shaping, photoacoustic imaging, computational optics, and artificial intelligence, which has fuelled more than 80 publications in premium journals such as *Nature Photonics*, *Nature Communications*, *Light: Science and Applications*, *The Innovation*, and *Advanced Science*.